

Te Kauwhata Health Centre

Newsletter Feb-May 2019

Ph: 07-826 3499

www.tkhealth.co.nz

News

2019 has welcomed a whole heap of new babies to the practice! Congratulations to Kelly on her new son Bodhi; Sharon on her grandson Beau; Pip with her grand-daughter Heidi; Tim on his new son Lachie and Dr Amy who has returned to the US and given birth to her baby boy, Thomas.

Booking

Thank you for booking in advance. We aim to see everyone in a timely manner. We are not an Accident and Medical, but if you feel your need is urgent and you, or your child, needs to be seen that day please let us know and we'll do our best to fit you in. You may be invited in to see the nurse for triage.

**** If you are seriously unwell with chest pain, shortness of breath, severe pain, or lightheadedness please tell reception when you book ****

After Hours

We have GP and Nurse appointments from 8.30am till 4.30pm Monday to Friday. Appts start from 9am on Wednesday to allow for medical education. We have GP appointments until 6.15pm on Thursday evenings.

If you need medical advice after hours **please phone Healthline on 0800 611 116**, or in an emergency phone 111.

Anglesea A&M is our nominated 24hr GP Care Provider On the Cnr of Thackeray and Anglesea Street, Hamilton. Phone 07 858 0800

Flu Vaccines

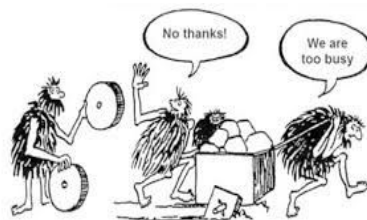
We hope the flu vaccines will be available from April 1st. We will notify you nearer the time, please aim to have your flu vaccine by the end of April.

Cleaner

Our sincere thanks and best wishes to Glenda Carman who will retire after 25 years cleaning the Health Centre. Email manager@tkhealth.co.nz if you are interested in providing the cleaning service. Applications close March 22nd.

Practice Learning Points

We have a PLP practice learning point system whereby we continually look to improve our service, and offer consistent best practice. We welcome your feedback, what is going well? What could be done better? Please use the comment box, or email manager@tkhealth.co.nz



Medical Students

We are working with Auckland University and hosting final year medical students. You may be offered an appointment with the medical student - you will still see the GP for review. Thank you for your help in training in our future Doctors.

Automatic Payments

We are a pay as you go surgery, but if you visit regularly you might like to consider an AP.

Physiotherapy

Tim and his team from **North Waikato Physio** are here 4 days a week. Ph 07 828 9854.

Phlebotomy

We run a **Pathlab** service from **8-12.30 and 2-3pm** daily. Please try and complete routine blood testing Monday to Thursday mornings so lab results can be processed in a timely manner. Urgent bloods only on a Friday please.

Podiatry

Step-Up Podiatry are here once a month on Thursdays can be contacted on 0800 111 224.

Website

Our new website is still under construction - please bear with us while we get online again.

Dentist

Alfred and his team run **Te Kauwhata Dental**. Please see www.tekauwhata.dental for more information or call 07 826 4557 / 027 214 0877

Mental Health

Carolyn offers a weekly counselling service at the **Community House**. Referral via GP, or contact 07 826 4303

Repeat Prescriptions

Requests will be processed and be available the next business day. Same day scripts will incur an additional \$5 surcharge.

Manage My Health

Please enquire and enrol at reception. Available for those over 16 - and allows you to book appointments and request repeat prescriptions online

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